

**LYONS TOWNSHIP MENTAL HEALTH COMMISSION  
REGULAR BOARD MEETING MINUTES  
April 15, 2024**

The Regular Board Meeting was held on Monday, April 15, 2024, at the Township of Lyons, 6404 Joliet Road, Countryside, Illinois, 60525. The meeting was called to order at 6:00 p.m. by Vice President Rev. Jeffrey Clemons

Vice President Rev. Jeffrey Clemons asked for the Roll Call.

Commissioner(s) Present: Rev. Jeffrey Clemons, Sophia Mallis, Al Dorbiala, Steve Palmer, William Seith, Lou Gale, and Barbara Minneci

Commissioner(s) on Phone: None.

Commissioner(s) Absent: Elyse Hoffenberg & Hon. Russell W. Hartigan

Staff Present: Jazmin Lopez, Executive Director, and Mariam Ahmad, Executive Administrator

Agency Director(s) Present: N/A

Guest(s) Present: Claudia Hypes, NAMI Metro Suburban

**AMENDMENTS/APPROVAL OF AGENDA:**

A **MOTION** was made by Seith and seconded by Palmer to approve the agenda as presented. Ayes: Unanimous. Nays: None. Hearing no Nays, the Agenda was approved.

**REVIEW/APPROVAL OF MINUTES:**

The Minutes of the Board Meeting held on March 18, 2024, were reviewed. A **MOTION** was made by Palmer and seconded by Seith to approve the Minutes of March 18, 2024. Ayes: Unanimous. Nays: None. Hearing no Nays, the Minutes were approved.

**PRESENTATION BY CLAUDIA HYPES, NAMI METRO SUBURBAN**

Claudia Hypes, NAMI Metro Suburban presented on Language Matters and the importance of being mindful when speaking to people or about people with mental illnesses or disabilities.

**EXECUTIVE DIRECTOR'S REPORT:**

Jazmin reported that the commission has partnered with NAMI Metro Suburban to provide Stress Management education to junior high students who are participating in summer camp at the Bridgeview Park District and Justice Park District. NAMI is developing 45-minute workshops to incorporate in the summer camps' curriculum offered once per week. Some of the workshops include yoga, deep breathing techniques, music, and art therapy. This is an effort to teach youth healthy coping skills.

The commission has also partnered with the Bridgeview Park District to bring another social event for the older adults in the community and are having a Kentucky Derby Party on Friday,

May 3 at 12pm. Sam’s Club is sponsoring desserts and Oak Street Health is sponsoring the food. The Commission is sponsoring game prizes. This event was created because of positive feedback we have received from Township residents that have attended our events in Bridgeview and Justice.

**OLD BUSINESS:**

NONE

**NEW BUSINESS:**

A **MOTION** was made by Seith and seconded by Minneci to approve a Special Meeting to discuss Grant Applications & Budget for Monday, May 13, 2024, at 5:30 p.m. as presented. Ayes: Unanimous. Nays: None. Hearing no Nays, the Special meeting was approved.

**TREASURER’S REPORTS:**

Sophia Mallis presented the Treasurer Report dated April 15, 2024, as follows:

Ending Balance as of February:	\$2,488,704.41
Receipts during March 2024:	\$1,551,838.98
Disbursements during March 2024:	\$353,345.55
Ending Balance as of April 15, 2024:	\$3,687,197.84

A **MOTION** was made by Dorobiala and seconded by Palmer to approve the Treasurer’s Reports dated April 15, 2024, as presented. Roll Call: Ayes: Rev. Jeffrey Clemons, Sophia Mallis, William Seith, Al Dorobiala, Lou Gale, and Barbara Minneci. Nays: None. Motion carried.

**REVIEW AND APPROVAL OF MONTHLY PAYABLES:**

Sophia Mallis presented a list of Twenty (20) Payables totaling \$328,570.51 dated April 15, 2024.

A **MOTION** was made by Mallis and seconded by Seith to approve the Monthly Payables dated April 15, 2024, as presented; Roll Call: Ayes: Rev. Jeffrey Clemons, Sophia Mallis, Al Dorobiala, Steve Palmer, William Seith, Lou Gale, and Barbara Minneci. Nays: None. Motion carried.

**COMMENTS FROM THE PUBLIC:**

N/A

**ADJOURNMENT:**

A **MOTION** to adjourn the meeting was made by Al Dorbiala and seconded by William Seith at 6:40 p.m. All in favor. Ayes: Unanimous. Nays: None. The meeting was adjourned.

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Elyse Hoffenberg  
Commission President

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Hon. Russell W. Hartigan  
Secretary