



**FY25  
Summary of Funding**

For FY25, which runs from July 1, 2024, through June 30, 2025, the Mental Health Commission of Lyons Township awarded \$3,800,055 to ten (10) organizations to provide services under 26 programs to township residents needing support with mental health, substance use disorder, and intellectual/developmental disabilities.

A description of each program funded by the Mental Health Commission of Lyons Township can be found below:



**Aging Care Connections  
\$40,200**

- **Adult Protective Services** Program helps vulnerable older adults and adults with disabilities experiencing abuse, neglect, or exploitation.
- **Caregiver Support Program** helps caregivers deal with being a primary caretaker and caring for themselves. Specialists offer one-on-one support at home or via phone.
- **Education & Nutrition Program** serves older adults (aged 60 and older) with a nutritious lunchtime meal for a suggested donation of \$3.00. The meals served comply with the menu planning standards of the Department of Health & Human Services and the USDA's Dietary Guidelines for Americans to meet the minimum Dietary Reference Intake requirements. Social activities follow the meal to provide program clients with socialization and offer relief from loneliness, isolation, and depression. Examples include bingo, crafts, reading discussion groups, and board games. Occasionally educational programs are held after lunch to inform older adults about nutrition, health, and ways to increase their quality of life.



**BEDS Plus Care, Inc.**

**\$105,000**

- ***Mental and Behavioral Health Stabilization and Housing Services*** including emergency, interim, supportive and transitional housing, and screening for behavioral health conditions and referrals to treatment.
- ***Summit Service Center*** is a medical respite care center for unhoused individuals that have been hospitalized and need post-hospitalization support, but do not qualify for further hospitalization, rehabilitation services or nursing home care.



**Center for Independence**

**\$100,000**

- ***Intensive Therapy Programs*** for Children and Young Adults with Physical Disabilities, including Early intervention, Assistive Technology, Physical, Occupational & Developmental Therapy.
- ***Community Integrated Employment (CIE) for Adults with Disabilities – Working Together Chicago*** for young adults/individuals with disabilities who have transitioned from school services and are attempting to enter the workforce.
- ***Mental Health Services*** include access to free Social Work services to help navigate the challenges of living with a disability. The Center also hosts free disability workshops throughout the year, including Financial Planning for People with Disabilities; Government Benefits including SSI, SSDI, Medicaid, PUNS and Home-Based Services Program; Workforce Benefits for People with Disabilities; Transportation Services. Free workshops that focus entirely on parental mental health are held throughout the year. Workshops are held in Spanish and English. To help families understand the developmental disability system, the Center also regularly hosts free Parent Education Events on Financial, Medical & Government Benefits, Legal Resources and Self-Advocacy skills. To help families cope with the significant challenges of raising a child with a disability, the Center also hosts 2 free Respite Days for participating children and their siblings, giving parents a much-needed break.
- ***Teen Volunteer & Mentorship Program*** gives local teens and young adults the opportunity to volunteer and job shadow professionals working with children and young adults with physical disabilities. The program also supports local Peer Jury Programs and High Schools as a placement site for teenagers completing community service hours.



### Community Support Services

**\$355,638**

- **Case Management** is provided to all CSS participants by service coordinators who assess the needs of the participant and their family, and arrange, coordinate, monitor, evaluate, and advocate for a variety of services to meet their specific needs.
- **Respite Care** provides important, intermittent breaks for parents. Respite helps families stay together and reduces the stress that many parents experience.
- **Employment Program** includes intensive one-on-one support during the phase of the employment search, along with resume preparation, mock interviews, online applications, job coaching, and transportation training when employment is obtained.



### Easterseals DuPage & Fox Valley

**\$30,500**

- **Outpatient Medical Rehabilitation** strengthens the physical, social, emotional, and intellectual abilities of children with DD/D through individualized, outcome-focused rehabilitation therapy and services that address each child's developmental challenges.
- **Mental Health Support** includes social work and counseling services that help children with DD/D, and their parents, address psycho-social issues and achieve healthy psycho-social functioning. The program also provides family members of children with DD/D with the support and resources that improve family stability and functioning. Additionally, mental health services are used to identify and address the behavioral and mental health issues of the family and child.



### Helping Hand

**\$1,040,805**

- **Community Day Services** for adults with intellectual/developmental disabilities where they continue developing skills, such as STEM, Computers, Music Appreciation, Art as a career, and exercise.
- The **Outpatient Clinic** provides weekly occupational and speech therapy for all ages, including children and adults diagnosed with autism spectrum disorder, speech delay or related speech diagnoses, developmental delays, attention deficit hyperactivity disorder, cerebral palsy, down syndrome, traumatic brain injury, sensory processing disorder, and a variety of motor disorders.

- The **Total Communication Project** teaches communication to clients that have a primary diagnosis of Autism and live in Lyons Township.
- **Employment Services** such as vocational skills training that foster independence, self-reliance, confidence, and interpersonal skills to support individuals in obtaining and maintaining employment.



**NAMI Metro Suburban**

**\$125,000**

- **Community Education and Outreach** offers several programs for individuals, families, and the community, such as Social- Emotional Learning (SEL) curriculum in Township schools: Ending the Silence, Stress Less-Resilience for Success, Stress Less- Mental Fitness, and Tolerating Emotional Dysregulation; Mental Health First Aid and Youth Mental Health First Aid training for community members. Also offered is WRAP, an 8-week, evidence-based program to help create an individualized prevention and wellness process that anyone can use to get well and stay well. Additionally, NAMI Connection is a peer-to-peer support group for people living with mental illness that takes after the recommended national NAMI model.
- **The Loft at Eight Corners** is designed to engage teens in their mental health journey; to encourage teen voices to empower and advocate for their own services and family support. A continuum of individual and group services will be offered including screening, mental wellness education and skill building to equip teens and their families with strategies for support and self-management; crisis prevention, intervention and stabilization; and referrals to other resources as needed.



**Pillars Community Health**

**\$1,917,912**

- **Psychiatric Services** such as psychiatric diagnostic evaluations and routine medication management with a prescribing provider.
- **Behavioral Health Services** that include behavioral health screenings for ages 4-11 and screens for depression, anxiety, and substance use disorder for ages 12 and up.
- **Domestic and Sexual Violence Services** offering comprehensive services to adult and child survivors of domestic and sexual violence. This includes emergency shelter, crisis intervention, medical and legal advocacy, counseling, and more.
- **Buddy's Place** childhood bereavement program has offered family-based support groups to children and teens ages 4-18 and their families who are grieving the death of someone significant in their lives.



**UCP Seguin of Greater Chicago**  
**\$60,000**

- **Community Day Services** delivers innovative, person-centered services and supports that individuals with intellectual/developmental disabilities and their families prefer. Services include Developmental and life skills training; Behavioral health care; Arts enrichment; Volunteer supports in community venues; Vocational exploration and training services; Work opportunities within the agency's two Seguin Enterprises; and Case management and other services.



**Village of Indian Head Park**  
**\$25,000**

- **Elderly Community Services Support Program** includes education, training and workshop sessions on senior crime victimization topics, such as Financial Scams and Fraud, Elder Abuse, Home Safety and Security, Online Safety for Seniors, Identity Theft Protection, Emergency Preparedness, Healthcare Fraud, Legal Rights and Resources as well as health and wellness topics to promote overall well-being and mental health awareness. In addition, the integration of an "R U OK" support service provides senior residents the ability to receive a well-being call on a weekly basis to touch base with those residents that would benefit from a wellbeing call.

## Agency Contact Information

If you, a family member, or someone you know needs any services funded by the Mental Health Commission of Lyons Township, please contact one of the agencies listed below:



**AGING CARE CONNECTIONS**  
111 W. Harris Avenue  
La Grange, IL 60525  
(708) 354-1323



**BEDS PLUS CARE, INC**  
9601 Ogden Avenue  
La Grange, IL 60525  
(708) 354-0858



**CENTER FOR INDEPENDENCE**  
100 W. Plainfield Rd., Suite 100  
Countryside, IL 60525  
(708) 588-0833



**COMMUNITY SUPPORT SERVICES, INC.**  
9021 Ogden Ave.  
Brookfield, IL 60513  
(708) 354-4547



**EASTERSEALS DUPAGE & FOX VALLEY**  
830 South Addison Avenue  
Villa Park, IL 60181  
(630) 620-4433



**HELPING HAND**  
9649 W. 55th Street  
Countryside, IL 60525  
(708) 352-3580



**NAMI METRO SUBURBAN**  
4731 Willow Springs Road  
La Grange, IL 60525  
(708) 582-6434



**Pillars Community Health**  
Healing. Caring. Educating.

**PILLARS COMMUNITY HEALTH**  
5220 East Ave.  
Countryside, IL 60525  
(708) 745-5277



**UCP SEGUIN OF GREATER CHICAGO**  
3100 S Central Ave.  
Cicero, IL 60804  
(708) 863-3803



Village of  
*Indian Head Park*  
ILLINOIS

**VILLAGE OF INDIAN HEAD PARK**  
201 Acacia Drive  
Indian Head Park, IL 60525  
(708) 246-3080